



Mi ripeto ancora... la più importante per noi!

NON CONFONDEREMO MAI LA CALCOLATRICE CON LE CIFRE CHE ESSA PRODUCE!!!

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Neurobiology of Depression and Antidepressants

Parte II

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1. Psychotic disorders introduction

The psychotic disorders are classified into 3 major groups:

1. Anxiety disorders (phobia and sleeping disorders)

2. Effective/mood disorders (depression)

3. Personality disorders (*schizophrenia*)

1. Psychotic disorders introduction

• Anxiolytic Drugs:

- Benzodiazepines (BDZ)
- Barbiturate
- Azaspirones

• Antidepressant Drugs:

- Tricyclic/Plycyclic
- Monoamine oxidase inhibitors
- Selective serotonin-reuptake inhibitors (SSRI)
- Neurolytic Drugs:
 - Phenothiazin
 - Buteopheanol



Vincent van Gogh's 1890 painting At Eternity's Gate

Definition:

Depression is a common mental disorder that presents with depressed mood, loss of interest or pleasure, feelings of guilt or low self-worth, disturbed sleep or appetite, low energy, and poor concentration. These problems can become chronic or recurrent and lead to substantial impairments in an individual's ability to take care of his or her everyday responsibilities. At its worst, depression can lead to suicide, a tragic fatality associated with the loss of about 850000 lives every year.



Vincent van Gogh's 1890 painting At Eternity's Gate

Definition:

Unipolar depression (major depression): is a mental disorder characterized by an all-encompassing low mood accompanied by low self-esteem, and by loss of interest or pleasure in normally enjoyable activities.

Bipolar disorder (manic-depressive disorder): is a psychiatric diagnosis that describes a category of mood disorders defined by the presence of one or more episodes of abnormally elevated energy levels, cognition, and mood and one or more depressive episodes.

Monoamine Hypothesis of Depression

1960's - 1990's

The hypothesis:

Major depression

- caused by a lack of norepinephrine, serotonin, or both (or maybe DA, too).
- Treated by correcting this monoamine deficiency.



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Why do Antidepressants Take So Long to Work?

- Not just a simple deficit of 5-HT or NE
 - No consistent NE or 5-HT deficits found
 - Amphetamines, cocaine increase 5-HT & NE, but are not antidepressants!!



Do you remember amphetamines?



[1-(4-methoxyphenyl)propan-2-amine]

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Why do Antidepressants Take So Long to Work?



15-HT, Norepinephrine, (dopamine)

Changes in 5-HT, NE, DA receptor stimulation, neuronal activity

Changed neuronal sensitivity, growth factors (BNDF), gene expression, cell number & morphology

Antidepressant effects take time: 2-6 weeks

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Serotonin in the brain and depression



The PET scan of two brains shows the different levels of serotonin between a depressed and a non-depressed brain.

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Serotonin – 5HT pathways in the brain



Abbreviations: SN, sustantia nigra RN, Raphe nuclei; VTA, ventral tegmental area

Serotonin – 5HT pathways in the brain

Raphe nuclei (RN) and distribution of serotonin receptors in the brain. Dorsal RN innervate several regions of the basal ganglia, including the striatum, ventral tegmental area (VTA), substantia nigra (SN) pars reticulata, and to a lesser extent SN pars compacta. Moreover, serotonergic (5-HT) neurons in the brainstem project to limbic brain areas, including the cortex and hippocampus. 5-HT neurons innervate both dopaminergic (DA) neuronal cell bodies of the SN and the region of their terminal projections in the striatum. The anatomical interaction of the 5-HT system with DA components of the basal ganglia facilitates functional modulation of DA neurotransmission by serotonin in the normal, non-parkinsonian brain.

Serotonin and Noradrenaline in the brain



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Serotonin and Dopamine in the brain



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Serotonin biosynthesis and catabolism



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Serotonin – 5HT receptor families

Family	Туре	Mechanism	Potential
5-HT ₁	G _i /G _o -protein coupled.	Decreasing cellular levels of cAMP.	Inhibitory
5-HT ₂	G _q /G ₁₁ -protein coupled.	Increasing cellular levels of IP ₃ and DAG.	Excitatory
5-HT ₃	Ligand-gated Na ⁺ and K ⁺ cation channel.	Depolarizing plasma membrane.	Excitatory
5-HT4	G _s -protein coupled.	Increasing cellular levels of cAMP.	Excitatory
5-HT5	G _i /G _o -protein coupled. ^[4]	Decreasing cellular levels of cAMP.	Inhibitory
5-HT ₆	G _s -protein coupled.	Increasing cellular levels of cAMP.	Excitatory
5-HT7	G₅-protein coupled.	Increasing cellular levels of cAMP.	Excitatory

With the exception of the 5-HT3 receptor, a ligand-gated ion channel, all other serotonin receptors are G protein-coupled receptors that activate an intracellular second messenger cascade to produce an excitatory or inhibitory response. Within these general classes of serotonin receptors, a number of specific types have been characterized.

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Serotonin – 5HT receptor families



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Drugs that act as agonists are indicated by solid-line arrows, whereas antagonists or inhibitors are shown with broken-line arrows.

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.. a small deviation relative to the 5-HT3 receptor:



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Serotonin: 5HT-3 receptor and antiemetic drugs



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Serotonin: 5HT-3 receptor and antiemetic drugs



Ondansetron is a selective serotonin 5-HT₃ receptor antagonist. The antiemetic activity of the drug is brought about through the inhibition of 5-HT₃ receptors present both centrally (medullary chemoreceptor zone) and peripherally (GI tract). This inhibition of 5-HT₃ receptors in turn inhibits the visceral afferent stimulation of the vomiting center, likely indirectly at the level of the area postrema, as well as through direct inhibition of serotonin activity within the area postrema and the chemoreceptor trigger zone.

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Serotonin: 5HT-3 receptor and antiemetic drugs



Granisetron is a potent, selective antagonist of 5-HT₃ receptors. It is a longer acting and more potent of Ondansetron. Administered by intravenous infusion or orally. The most common side effect of Granisetron is headache.

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2. Anxiety and anxiolytic drugs Serotonin – 5HT pathways in periphery



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2. Anxiety and anxiolytic drugs Serotonin – 5HT pathways in periphery



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Serotonin – 5HT pathways in periphery



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used

Lysergic acid diethylamide (LSD)





LSD is an ergoline derivative. It is commonly synthesised by reacting diethylamine with an activated form of lysergic acid. LSD was first synthesized on November 16, 1938 by Swiss chemist *Albert Hofmann* at the Sandoz Laboratories in Basel, Switzerland as part of a large research program searching for medically useful ergot alkaloid derivatives. LSD's psychedelic properties were discovered 5 years later when Hofmann himself accidentally ingested an unknown quantity of the chemical. LSD is well known for its psychological effects which can include altered thinking processes, closed- and open-eye visuals, synesthesia, an altered sense of time and spiritual experiences, as well as for its key role in 1960s counterculture.

Lysergic acid diethylamide (LSD)



LSD affects a large number of the G protein-coupled receptors, including all dopamine receptor subtypes, and all adrenoreceptor subtypes, as well as many others. Most serotonergic psychedelics are not significantly dopaminergic, and LSD is therefore rather unique in this regard. LSD's agonism of D2 receptors contributes to its psychoactive effects.LSD binds to most serotonin receptor subtypes except for 5-HT3 and 5-HT4.

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2. Anxiety and anxiolytic drugs Serotonin and Melatonin



N-acetyl-5-methoxytryptamine

In humans, melatonin is produced by the pineal gland, a small endocrine gland located in the center of the brain but outside the blood–brain barrier. The melatonin signal forms part of the system that regulates the *sleep–wake cycle* by chemically causing drowsiness and lowering the body temperature, but it is the central nervous system (specifically the suprachiasmatic nuclei, or SCN) that controls the daily cycle in most components of the paracrine and endocrine systems rather than the melatonin signal (as was once postulated).

Many biological effects of melatonin are produced through activation of melatonin receptors, G protein-coupled receptors (GPCR) . In human two melatonin receptors have been cloned. The MT1 subtype's expression in the pars tuberalis of the pituitary gland and suprachiamatic nuclei of the hypothalamus is indicative of melatonin's circadian and reproductive functional involvement.



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2.0 General problems of antipsychotic treatments

TRANSPORTERSRECEPTORS

ADR SER DOP ADR SER DOP ACH H

D1-like family (D_1 and D_5): GPCRs coupled to G α s. D_1 are exclusively expressed on the postsynaptic neurons has a moderate stimulatory effect on locomotor activity.

D2-like family $(D_2, D_3 \text{ and } D_4)$: GPCRs coupled to G α i. The roles of the D₂ and D₃ are much more complex than D₁ dopamine receptors because they result from both presynaptic and postsynaptic expression.

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2.0 General problems of antipsychotic treatments

TRANSPORTERS RECEPTORS

ADR SER DOP ADR SER DOP ACH H

Extrapyramidal syndrome (EPS) is due to the blockade of dopamine receptors (both D1 and D2) in the basal ganglia, leading to Parkinson-like symptoms such as slow movement (bradykinesia), stiffness, and tremor.

<u>Typical</u> Antipsychotics

Phenothiazines

$\textbf{D2}\cong\textbf{D1}\textbf{>}\alpha\textbf{1}\cong\textbf{5}\textbf{HT2}$

 $D2 > D1 \simeq 5HT2 > \alpha 1$

<u>Atypical</u> Antipsychotics

- First-generation (butyrophenones)
- Second-generation (risperidone, clozapine) $D2 \cong 5HT2 >> D1 > \alpha 1$

2.0 General problems of antipsychotic treatments

The Nigrostriatal Pathway & EPS



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2.0 General problems of antipsychotic treatments

TRANSPORTERS

ADR SER DOP

More recent research has demonstrated the side effect profile of "atypical" drugs is similar to older drugs, causing the leading medical journal The Lancet to write in its editorial "the time has come to abandon the terms first-generation and secondgeneration antipsychotics, as they do not merit this distinction."

Tyler, P and Kendall, T The Lancet, Volume 373, Issue 9657, Pages 4 - 5, 2009

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ADR SER DOP ACH H

RECEPTORS

The spurious advance of antipsychotic drug therapy

to others. Antipsychotic drugs differ in their potencies and have a wide range of adverse-effect profiles, with nothing that clearly distinguishes the two major groups. Importantly, the second-generation drugs have no special atypical characteristics that separate them from the typical, or first-generation, antipsychotics. As a group they are no more efficacious, do not improve specific symptoms, have no clearly different side-effect profiles than the first-generation antipsychotics, and are less cost effective.⁶⁻⁸ The spurious invention of the atypicals can now be regarded as invention only, cleverly manipulated by the drug industry for marketing purposes and only now being exposed. But how is it that for nearly two decades we have, as some have put it,⁹ "been beguiled" into thinking they were superior?

2.1 Tricyclic antidepressants

The majority of the TCAs act primarily as *serotonin-norepinephrine reuptake inhibitors* (*SNRIs*) by blocking the *serotonin transporter* (*SERT*) and the *norepinephrine transporter* (*NET*), respectively, which results in an elevation of the extracellular concentrations of these neurotransmitters, and therefore an enhancement of neurotransmission. Notably, the TCAs have negligible affinity for the dopamine transporter (*DAT*), and therefore have no efficacy as dopamine reuptake inhibitors (*DRIs*), and hence, do not elevate dopamine levels. Both serotonin and norepinephrine have been highly implicated in depression and anxiety, and it has been shown that facilitation of their activity has beneficial effects on these mental disorders.

In addition to their reuptake inhibition, many TCAs also have high affinity as *antagonists* at the 5-HT2 (5-HT2A and 5-HT2C), 5-HT6, 5-HT7, α 1-adrenergic, and NMDA receptors, and as *agonists* at the sigma receptors (σ 1 and σ 2), some of which may contribute to their therapeutic efficacy, as well as their side effects. The TCAs also have varying but typically high affinity for *antagonizing* the H1 and H2 histamine receptors, as well as the muscarinic acetylcholine receptors. As a result, they also act as potent antihistamines and anticholinergics. These properties are generally undesirable in antidepressants, however, and likely contribute to their large side effect profiles.

2.1 Tricyclic antidepressants: history

Phillipe Pinel, (First Psychiatric Revolution)

(20 April 1745 - 25 October 1826) was a French physician who was instrumental in the development of a more humane psychological approach to the custody and care of psychiatric patients, referred to today as moral treatment. He also made notable contributions to the classification of mental disorders and has been described by some as "the father of modern psychiatry".





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2. Depression and antidepressant drugs 2.1 Tricyclic antidepressants: history

Sigmund Freud, Psychoanalyse (2nd Psyhciatric Revolution)

(6 May 1856 – 23 September 1939), was an Austrian neurologist who founded the psychoanalytic method of psychiatry.



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DR.SIGM. FREUD
Secundatarit in k. k. Allgemeinen Krankçulususe in Wasa.
New durchgesthever and versarbeter Separat-Abstrack and dom
"Centralblatt für die groummete Therapie".
670 1
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2. Depression and antidepressant drugs 2.1 Tricyclic antidepressants: history

Sigmund Freud, Psychoanalyse (2nd Psyhciatric Revolution)

(6 May 1856 – 23 September 1939), was an Austrian neurologist who founded the psychoanalytic method of psychiatry.

Pierre Deniker (3rd Psychiatric Revolution)

The first published clinical trial was that of Jean Delay and **Pierre Deniker** at the Hôpital Sainte-Anne in Paris in 1952, in which they treated 38 psychotic patients with daily injections of *chlorpromazine* without the use of other sedating agents. The response was dramatic; treatment with chlorpromazine went beyond simple sedation with patients showing improvements in thinking and emotional behavior.



2.1 Tricyclic antidepressants and antipsychotic



Tricyclic antidepressants (TCAs) are heterocyclic chemical compounds used primarily as antidepressants. They are named after their chemical structure, which contains three rings of atoms. The *tetracyclic antidepressants* (TeCAs), which contain four rings of atoms, are a closely related group of antidepressant compounds.

In recent times, the TCAs have been largely replaced in clinical use in most parts of the world by newer antidepressants such as the *selective serotonin reuptake inhibitors* (*SSRIs*) and *serotonin-norepinephrine reuptake inhibitors* (*SNRIs*), among others, though they are still sometimes prescribed for certain indications.

2.1 Tricyclic antidepressants: history

In 1933, the French pharmaceutical company Laboratoires Rhône-Poulenc began to search for new anti-histamines (H_1 receptor). In 1947, it synthesized *promethazine*, a *phenothiazine* derivative, which was found to have more pronounced sedative and antihistaminic effects than earlier drugs. The chemist Paul Charpentier produced a series of compounds and selected the one with the least peripheral activity, known as RP4560 or *chlorpromazine*, on 11 December 1950.



2.1 Tricyclic antidepressants: history



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Chlorpromazine was the first drug developed with specific antipsychotic action. Its use has been described as the single biggest advance in psychiatric treatment, dramatically improving the prognosis of patients in psychiatric hospitals worldwide. It was the prototype for the phenothiazine class, which later grew to comprise several other agents.



Chlorpromazine is a very effective antagonist of D_2 dopamine receptors and similar receptors, such as D3 and D5.

Unlike most other drugs of this family, it also has a high affinity for D_1 receptors.

Chlorpromazine acts as an antagonist on different other postsynaptic receptors: serotonin receptors (5-HT₁ and 5-HT₂), histamine receptors (H₁ receptors), α_1 - and α_2 -adrenergic receptors, M₁ and M₂ muscarinic acetylcholine receptors.

It is classified as a *dirty drug*.

The main side effects of chlorpromazine are due to its anticholinergic properties; these effects overshadow and counteract, to some extent, the *extrapyramidal side effects* typical of many early generation antipsychotics.

Chlorpromazine: metabolic destiny...



CYP2D6 and CYP1A2 mediated into over 10 major metabolites. The major routes of metabolism include hydroxylation, N-oxidation, sulphoxidation, demethylation, deamination and conjugation.

Its high lipophilicity allows it to be detected in the urine for up to <u>18</u> <u>months</u>.

Can you understand why "dirty"?



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Pipamazine

Pipamazine (trade names Mornidine) is a drug of the phenothiazine class formerly used as an antiemetic. It is chemically related to chlorpromazine, but has negligible antipsychotic activity and produces few extrapyramidal side effects. It was eventually withdrawn from the U.S. market after reports of hepatotoxicity (liver injury).



2.1 Tricyclic antidepressants typical

Imipramine (Tofranil) Desipramine (Norpramin, Pertofrane)

Amitriptyline (Elavil) Nortriptyline (Pamelor, Aventyl)

Doxepin (Aponal)

2.1 Commonly Prescribed TCAs

- <u>Anafranil</u> (clomipramine)
- <u>Asendin</u> (amoxapine)
- <u>Elavil</u> (amitriptyline)
- <u>Norpramin</u> (desipramine)
- Pamelor (nortriptyline)

- <u>Sinequan</u> (doxepin)
- <u>Surmontil</u> (trimipramine)
- <u>Tofranil</u> (imipramine)
- Vivactil (protiptyline)



Meanwhile, the 1952 introduction of chlorpromazine, the first modern psychotherapeutic medication, which was effective in treating schizophrenia, inspired the search for antidepressant agents among similar compounds, a familiar class of drugs found in many cough syrups known as the antihistamines. After testing several antihistamines, *Robert Kuhn* (by Ciba-Geigy) discovered one such compound, *imipramine*, effective at treating depression without producing the stimulation experienced by those taking iproniazid. This he took as evidence that this antihistamine worked on the root of depression rather than by simply masking it with an energy burst. The drug in fact produced sedation, not elevation of mood, in undepressed subjects. Imipramine proved to be effective in over 60% of classical depression cases.

2.1 Tricyclic antidepressants typical



Imipramine, also known as melipramine, is an antidepressant medication, a tricyclic antidepressant of the dibenzazepine group. Imipramine is mainly used in the treatment of major depression and enuresis (inability to control urination). It has also been evaluated for use in panic disorder.

2.1 Tricyclic antidepressants typical



Imipramine was, in the late 1950s, the first tricyclic antidepressant to be developed (by Ciba-Geigy). It was first tried against psychotic disorders, such as schizophrenia, but proved insufficient. During the clinical studies, its antidepressant qualities were unsurpassed by other antidepressants. The mechanisms of Imipramine's medicinal action include, but are not limited to, effects on: norepinephrine, serotonin, dopamine, epinephrine, sigma receptor, enkephalinase, histamine, muscarine, and acetylcholine. Imipramine has been shown to interact with opioid systems in the central nervous system, possibly explaining some of its pain-relieving properties.

Synthesis Path



2.1 Tricyclic antidepressants typical



Desipramine, is a tricyclic antidepressant (TCA). It inhibits the reuptake of norepinephrine and to a lesser extent serotonin. It is used to treat depression, but not considered a first line treatment since the introduction of SSRI antidepressants. *Desipramine is an active metabolite of imipramine*. Along with other tricyclics, desipramine has found use in treating neuropathic pain.

2.1 Tricyclic antidepressants typical



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2.1 Tricyclic antidepressants typical



Amitriptyline is a tricyclic antidepressant. It is the most widely used TCA and has equal efficacy against depression to the newer class of SSRIs. Amitriptyline, under the brand name **Elavil**, was developed by Merck and approved by the FDA on April 7, 1961 for the treatment of major depression in the United States. It has seen widespread usage throughout the world ever since.

Synthesis Path



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2.1 Tricyclic antidepressants



Nortriptyline is a second-generation tricyclic antidepressant (TCA) marketed as the hydrochloride salt. It is used in the treatment of major depression and childhood nocturnal enuresis (bedwetting). In addition, it is sometimes used for chronic illnesses such as chronic fatigue syndrome, chronic pain and migraines, and labile affect in some neurological conditions.

2.1 Tricyclic antidepressants typical



Doxepin hydrochloride is a dibenzoxepin-derivative tricyclic antidepressant (TCA). In non-depressed individuals, doxepin does not affect mood or arousal, but may cause sedation. In depressed individuals, doxepin exerts a positive effect on mood. TCAs are potent inhibitors of serotonin and norepinephrine reuptake. Tertiary amine TCAs, such as doxepin and amitriptyline, are more potent inhibitors of serotonin reuptake than secondary amine TCAs, such as nortriptyline and desipramine. TCAs also down-regulate cerebral cortical β -adrenergic receptors and sensitize post-synaptic serotonergic receptors with chronic use. The antidepressant effects of TCAs are thought to be due to an overall increase in serotonergic neurotransmission. TCAs also block histamine H₁ receptors, α_1 -adrenergic receptors and muscarinic receptors, which accounts for their sedative, hypotensive and anticholinergic effects (e.g. blurred vision, dry mouth, constipation, urinary retention), respectively.

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2.1 Tricyclic antidepressants typical

Drug	NE Transporter	SE Transporter	DE transporter	alpha1 blockade	D2 blockade	H1 blockade	muscarinic blockade	5HT2 blockade
imipramine	2.7	70	0.012	1.5	0.05	9.1	1.1	1.2
desipramine (also an imipramine metabolite)	128	5.7	0.024	0.77	0.03	0.91	0.5	0.38
amitriptyline	2.9	23	0.023	3.7	0.1	91	5.6	3.4
clomipramine	2.7	360	0.045	2.6	0.53	3.2	2.7	3.7
paroxetine	2.5	800	0.2	0.025	0.003	0.03	0.93	0.005
citalopram	0.035	98	0.0038	0.053	0	0.21	0.045	0.34

Potency (affinity) data are expressed as the inverse of equilibrium dissociation constant multiplied by a factor of 10⁻⁷. So, the higher the number, the higher the blocking power.



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2.2 Tricyclic antidepressants "atypical"

- Developed in the late 1970's and 1980's
- *Maprotiline* one of the first clinically available antidepressants, has a long half life and blocks NE reuptake
- *Amoxapine* primarily a NE reuptake inhibitor
- *Trazodone* not a potent blocker of NE or 5-HT, its active metabolite blocks a subclass of 5-HT receptors
- *Bupropion* selectively inhibits DA reuptake, used for ADHD, side effects include: anxiety, restlessness, tremors, and insomnia



Maprotiline is a *tetracyclic* antidepressant (TeCA). <u>It is a strong norepinephrine reuptake</u> inhibitor with only weak effects on serotonin and dopamine reuptake. Maprotiline was developed and has been marketed by the Swiss manufacturer Geigy (now Novartis) since the early 1980s under the brand name Ludiomil. Generics are widely available.



TRANSPORTERS

RECEPTORS

ADR	SER	DOP	ADR	SER	DOP	ACH	Η
+++	+	+	α ₁ ++	HT ₂ ++	D ₂ +	M ₁ +	H ₁ +++

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Amoxapine is a tetracyclic antidepressant (TeCA) of the dibenzoxazepine class. Amoxapine is a strong norepinephrine reuptake inhibitor and weak serotonin reuptake inhibitor. It also possesses antiadrenergic, anticholinergic, antidopaminergic, antihistamine, and antiserotonergic actions. Amoxapine is used in the treatment of depression, anxiety disorders, panic disorder, and bipolar disorder.





TRANSPORTERS			RECEPTORS					
ADR	SER	DOP	ADR	SER	DOP	ACH	н	
+++	++	-	α ₁ ++	HT _{2,3,6,7} +/++	D _{2,3,4} +/++	M ₁	H ₁ ++	

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Trazodone was originally discovered and developed in Italy in the 1960s by Angelini research laboratories as a second-generation antidepressant. It was developed according to the mental pain hypothesis, which was postulated from studying patients and which proposes that major depression is associated with a decreased pain threshold. Trazodone was patented and marketed in many countries all over the world. It was approved by the Food and Drug Administration (FDA) at the end of 1981.




TRANSPORTERS

RECEPTORS

ADR	SER	DOP	ADR	SER	DOP	ACH	Η
-	++	-	α ₁ ++	HT _{1,2} +/++	D _{2,3,4}	M ₁	H ₁ -/+

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Synthesis Path





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2.3 Serotonin transporter (SERT)



The **serotonin transporter (SERT)** transports serotonin across plasma membranes. As a member of the *neurotransmitter/sodium symporter* (NSS) family of proteins, SERTs assist in the termination of the neurochemical signaling through re-uptake of serotonin into serotonergic neurons and surrounding glia. SERTs are a target of multiple anti-depressant drugs as well as substances of abuse such as cocaine and ecstasy.

2.3 Serotonin transporter (SERT): a real breakthrough...



The serotonin transporter (SERT) terminates serotonergic signalling through the sodium- and chloride-dependent reuptake of neurotransmitter into presynaptic neurons. SERT is a target for antidepressant and psychostimulant drugs, which block reuptake and prolong neurotransmitter signalling. Here we report X-ray crystallographic structures of human SERT at 3.15 Å resolution bound to the antidepressants (S)-citalopram or paroxetine. Antidepressants lock SERT in an outward-open conformation by lodging in the central binding site, located between transmembrane helices 1, 3, 6, 8 and 10, directly blocking serotonin binding. We further identify the location of an allosteric site in the complex as residing at the periphery of the extracellular vestibule, interposed between extracellular loops 4 and 6 and transmembrane helices 1, 6, 10 and 11. Occupancy of the allosteric site sterically hinders ligand unbinding from the central site, providing an explanation for the action of (S)-citalopram as an allosteric ligand. These structures define the mechanism of antidepressant action in SERT, and provide blueprints for future drug design.

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2.3 Serotonin transporter (SERT): a real breakthrough...



Nature. 2016 Apr 21; 532(7599): 334-339.

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2.3 Serotonin transporter (SERT): a real breakthrough...



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2.4 Selective Serotonin Reuptake Inhibitors (SSRI)

Selective Serotonin Reuptake Inhibitors (SSRIs) are currently the most commonly administered drug for treating major depression or dysthymia. <u>Due to their high potency</u> and reduced side-effects, SSRIs serve as first-line therapeutics against depression. A contributing factor to the development of depression is thought to be the imbalance of neurotransmitters in the brain – these molecules allow communication between neurons in the brain. One of the neurotransmitters implicated is serotonin; specifically, it is the reduction in serotonin levels that is believed to be a factor in causing depression.

SSRIs function by the preventing the reuptake of serotonin from the chemical synapse between two neurons in the brain. Approximately 90% of the serotonin released from the receptors is recycled back into the pre-synaptic cell – this is accomplished by neuronal monoamine transporters. This results in an increased concentration of the serotonin neurotransmitter in the synaptic cleft and hence, greater activation of the post synaptic receptor is allowed. Enhanced stimulation of the recipient neuron results in reduced symptoms of depression. The majority of the serotonin receptors is linked directly to an ion channel.

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2.4 Selective Serotonin Reuptake Inhibitors (SSRI)



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(Z)-3-(4-bromophenyl)-*N*,*N*-dimethyl-3-(pyridin-3-yl)prop-2-en-1-amine

Zimelidine was the first selective serotonin reuptake inhibitor (SSRI) antidepressant to be marketed. Zimelidine was developed in the late 1970s and early 1980s by *Arvid Carlsson*, who was then working for the Swedish company Astra AB. I

Zimelidine has been banned worldwide due to serious, sometimes fatal, cases of central and/or peripheral neuropathy known as Guillain-Barré syndrome and due to a peculiar hypersensitivity reaction involving many organs including skin exanthema, flu-like symptoms, arthralgias, and sometimes eosinophilia. Additionally, zimelidine was charged to cause an increase in suicidal ideation and/or attempts among depressive patients.

2.4 Selective Serotonin Reuptake Inhibitors (SSRI)



As acknowledged by the Lilly scientists, the development of fluoxetine was based on concepts developed by Carlosson research group and started from our discovery that diphenhydramine has 5-HT- and noradrenaline-reuptake inhibitory properties. Fluoxetine has a chemical structure closely related to diphenhydramine.





Fluoxetine (trade names: Prozac, Sarafem) is an antidepressant of the selective serotonin reuptake inhibitor (SSRI) class. Fluoxetine is approved for the treatment of major depression (including pediatric depression), obsessive-compulsive disorder (in both adult and pediatric populations), bulimia nervosa, panic disorder and premenstrual dysphoric disorder.

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TRANSPORTERS

RECEPTORS

ADR	SER	DOP	ADR	SER	DOP	ACH	Η
-	+++	-	α ₁ -/+	HT ₂ +/++	D _{2,3,4}	M ₁	H ₁ -/+

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Synthesis Path



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Do you remember Mannich reaction?







Fluoxetine is a racemate; the (S) enantiomer of fluoxetine has shown to be 6.5 times more selective than the (R) enantiomer for the rat serotonin transporter. There is a 92% sequence identity between rat and human SERTs.



Norfluoxetine

Upon ingestion, Fluoxetine is metabolized into its bioactive state by an enzyme called cytochrome P450 2D6 (CYP2D6), an isoenzyme of the cytochrome P450 family. The bioactive metabolite is called *norfluoxetine*. Fluoxetine has a bioavailability which is less than 90% because of hepatic first-pass metabolism. Within 6 to 8 hours it reaches its maximum plasma concentrations.

The bioactive metabolite norfluoxetine is as potent as fluoxetine but has a higher selectivity for the SERT.



Per me un bicchiere d'acqua e un Prozac. Per me un bicchiere d'acqua. Pulita. Common side-effects of Prozac include:

Nausea	Headaches
Anxiety	Diarrhea
Sexual dysfunction	Heartburn
Insomnia	Drowsiness

Suicidality in Children and Adolescents

Antidepressants increased the risk of suicidal thinking and behavior (suicidality) in short-term studies in children and adolescents with major depressive disorder (MDD) and other psychiatric disorders. Anyone considering the use of Prozac or anv other antidepressant in a child or adolescent must balance this risk with the clinical need. Patients who are started on therapy should be observed closely for clinical worsening, suicidality, or unusual changes in behavior. Families and caregivers should be advised of the need for close observation and communication with the prescriber. Prozac is approved for use in pediatric patients with MDD and obsessive compulsive disorder (OCD).

SSRIs side effects



Not Enough Serotonin

When the SSRIs are administered, they increase serotonin in every serotonin pathway and at every one of the dozen or more serotonin receptor subtypes. Although this is something akin to dunking the brain into a bucket of serotonin, the net consequence is not only antidepressant action, but also therapeutic effects in a number of other conditions, including obsessive-compulsive disorder, panic attacks, bulimia, and others.

2.5 Drug of Abuse



This first slide shows sections taken from the neocortex of monkeys that were given ecstasy twice a day for 4 days (control monkeys were given saline). The section on the left, taken from the brain of a control monkey, shows the presence of a lot of serotonin. The middle section shows a section from a monkey two weeks after receiving ecstasy. Point out that most of the serotonin is gone. The section on the right shows a section from a monkey 7 years after receiving ecstasy. Point out that although there has been some recovery of serotonin, the brain still has not returned to normal.

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2.4 Selective Serotonin Reuptake Inhibitors (SSRI)

Nevertheless, a 2010 meta-analysis published in JAMA indicated that :



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Citalopram (trade names: Celexa, Cipramil) is an antidepressant drug of the selective serotonin reuptake inhibitor (SSRI) class. Most often used to treat major depression, it is also used on occasion in the treatment of body dysmorphic disorder, anxiety, and panic disorder. It was originally created in 1989 by the pharmaceutical company Lundbeck.



(S)-(+)-citalopram

(R)-(-)-citalopram

Citalopram is sold as a racemic mixture, consisting of 50% (R)-(-)-citalopram and 50% (S)-(+)-citalopram.

Only the (S)-(+) enantiomer has the desired antidepressant effect (Int Clin Psychopharmacol. 2014, 19 (3), 149–155)



Binding Profile:		
Receptor	K _i (nM)	
SERT	1.6	
NET	6190	
5-HT _{2C}	617	
α ₁	1211	
M ₁	1430	
H ₁	283	







Citalopram is sold as a racemic mixture, consisting of 50% (R)-(-)-citalopram and 50% (S)-(+)citalopram. Only the (S)-(+) enantiomer has the desired antidepressant effect. Lundbeck now markets the (S)-(+) enantiomer, the generic name of which is *Escitalopram*.

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Sertraline hydrochloride is an antidepressant of the selective serotonin reuptake inhibitor (SSRI) class. It was introduced to the market by Pfizer in 1991. Sertraline is primarily used to treat major depression in adult outpatients as well as obsessive-compulsive, panic, and social anxiety disorders in both adults and children. Sertraline is statistically similar in efficacy to other SSRIs such as paroxetine, citalopram, escitalopram and venlafaxine (SNRI). Evidence suggests that sertraline may be more effective than fluoxetine (Prozac) for some subtypes of depression.





Binding Profile:		
Receptor	K _i (nM)	
SERT	2.8	
NET	925	
DAT	315	
5-HT _{2C}	2,298	
α ₁	188	
M ₁	427	
H ₁	6,578	

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Paroxetine, an antidepressant drug of the selective serotonin reuptake inhibitor (SSRI) type, has no active metabolites and has the highest specificity for serotonin receptors of all the SSRIs. It is used to treat depression resistant to other antidepressants, depression complicated by anxiety, panic disorder, social and general anxiety disorder, obsessive-compulsive disorder (OCD), premenstrual dysphoric disorder, premature ejaculation, and hot flashes of menopause in women with breast cancer. In human platelets, paroxetine blocks the uptake of serotonin.



Binding Profile:

Receptor	K _i (nM)	
SERT	0.34	
NET	156	
DAT	7,700	
D ₂	963	
5-HT _{1A}	21,200	
5-HT _{2A}	6,300	
5-HT _{2C}	9,034	
α ₁	2,741	
α ₂	3,900	
M ₁	72	
M ₂	340	
M ₃	80	
M ₄	320	
M ₅	650	
H ₁	>10,000	





- Prototypical tricyclic antidepressant: imipramine.
- B Prototypical monoamine oxidase inhibitor: tranylcypromine.
- C Selective noradrenaline reuptake inhibitor: reboxetine.
 - Selective serotonin and noradrenaline reuptake inhibitors: milnacipran and venlafaxine.
 - Selective serotonin reuptake activator: tianeptine.
 - Selective serotonin reuptake inhibitors: citalopram, fluvoxamine, fluoxetine, paroxetine and sertraline.
 - B Noradrenergic and specific serotonergic antidepressant with minimal effects on monoamine reuptake: mirtazapine.

Personality Disorders

Parte III

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1. Psychotic disorders introduction

The psychotic disorders are classified into 3 major groups:

1. Anxiety disorders (phobia and sleeping disorders)

- 2. Effective/mood disorders (depression)
- **3. Personality disorders** (*schizophrenia*)






Schizophrenia is a chronic, severe, and disabling brain disorder that has affected people throughout history. The English term schizophrenia comes from two Greek words that mean "*split mind*."

People with the disorder may hear voices other people don't hear. They may believe other people are reading their minds, controlling their thoughts, or plotting to harm them. This can terrify people with the illness and make them withdrawn or extremely agitated.

People with schizophrenia may not make sense when they talk. They may sit for hours without moving or talking. Sometimes people with schizophrenia seem perfectly fine until they talk about what they are really thinking

₩S



The symptoms of schizophrenia fall into three broad categories: positive symptoms, negative symptoms, and cognitive symptoms.

Positive symptoms

Positive symptoms are psychotic behaviors not seen in healthy people. People with positive symptoms often "lose touch" with reality. These symptoms can come and go. Sometimes they are severe and at other times hardly noticeable, depending on whether the individual is receiving treatment. They include the following: Hallucinations, Delusions, Thought disorders, Movement disorders.

Negative symptoms

Negative symptoms are associated with disruptions to normal emotions and behaviors. These symptoms are harder to recognize as part of the disorder and can be mistaken for depression or other conditions. These symptoms include the following: Flat affect (a person's face does not move or he or she talks in a dull or monotonous voice), Lack of pleasure in everyday life, Lack of ability to begin and sustain planned activities, Speaking little, even when forced to interact.

Cognitive symptoms

Cognitive symptoms are subtle. Like negative symptoms, cognitive symptoms may be difficult to recognize as part of the disorder. Often, they are detected only when other tests are performed. Cognitive symptoms include the following: Poor "executive functioning" (the ability to understand information and use it to make decisions), Trouble focusing or paying attention, Problems with "working memory" (the ability to use information immediately after learning it).



We have already reported that The 5-HT2A receptor seems to be important for this, since psychedelic drugs that activate them produce hallucinations.

Psychosis has been traditionally linked to the neurotransmitter dopamine. In particular, the dopamine hypothesis of psychosis has been influential and states that psychosis results from an overactivity of dopamine function in the brain, particularly in the mesolimbic pathway. The two major sources of evidence given to support this theory are that dopamine receptor D2 blocking drugs (i.e., antipsychotics) tend to reduce the intensity of psychotic symptoms, and that drugs that boost dopamine activity (such as amphetamines and cocaine) can trigger psychosis in some people (see amphetamine psychosis). However, increasing evidence in recent times has pointed to a possible dysfunction of the excitory neurotransmitter glutamate, in particular, with the activity of the NMDA receptor.



- The Default Mode Network (DMN) and the Positive Task Network (TPN) are two of the main circuits involved in the mediation of some cognitive functions.
- In particular, the Positive Network Task starts when the brain is member of the action and, therefore, is orientated towards the outside world.
- Instead, the Default Mode Network is activated when the brain is in a phase of introspection or self-referential thought, e.g. in daydream or during the development of plans, projects and actions.
- The activity of DMN is regulated by the action of this neurotransmitter D2 receptors present in a particular core of the base of the brain, the Striatum.



Mood stabilizers:

Treatment	Efficacy in Acute Mania	Efficacy in Acute Depression			
Aripiprazole	++	-			
Lamotrigine	-	++/+			
Lithium	++	++/+			
Olanzapine	+++	++/+			
Quetiapine	++	+++			
Risperidone	+++	-			
Valproate	++/+	-			
Ziprasidone	++/+	-			

Legend: - negligible/very low/clinically insignificant effect; + weak effect; ++ moderate-level effect; +++ strong effect.

Lithium salts:

The use of **lithium salts** as a treatment of bipolar disorder was first discovered by Dr. John Cade, an Australian psychiatrist who published a paper on the use of lithium in 1949.

Lithium salts had been used for a while, as a first-line treatment for bipolar disorder. In ancient times, doctors would send their mentally ill patients to drink from "alkali springs" as a treatment. They did not know it, but they were really prescribing lithium, which was present in high concentration in the waters. The therapeutic effect of lithium salts appears to be entirely due to the lithium ion, Li⁺.

Its exact mechanism of action is uncertain, although there are several possibilities such as inhibition of inositol monophosphatase, modulation of G proteins or regulation of gene expression for growth factors and neuronal plasticity. There is strong evidence for its effectiveness in acute treatment and prevention of recurrence of mania. It can also be effective in bipolar depression, although the evidence is not as strong. It is also effective in reducing the risk of suicide in patients with mood disorder.



Olanzapine, an atypical antipsychotic agent, is used to treat both negative and positive symptoms of schizophrenia, acute mania with bipolar disorder, agitation, and psychotic symptoms in dementia. Future uses may include the treatment of obsessive-compulsive disorder and severe behavioral disorders in autism. Structurally and pharmacologically similar to clozapine, olanzapine binds to alpha(1), dopamine, histamine H1, muscarinic, and serotonin type 2 (5-HT2) receptors.

2. Antipsychotics (or neuroleptics)

Tricyclics (typical) Atypical

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2.1 Tricyclic antipsychotics

Compound M	SERT 🖂	NET 🖂	DAT 🖂	5-HT _{1A} ₪	5-HT _{2A} ₪	α 1 ₩	α 2 ₩	D ₂ ⋈	H ₁ ₪	mACh 🗵
Amitriptyline	4.30	35	3,250	320	24	26	815	1,230	1.03	13.8
Butriptyline	1,360	5,100	3,940	7,000	380	570	4,800	?	1.1	35
Clomipramine	0.28	38	2,190	7,000	27	38	3,200	190	31	37
Desipramine	17.6	0.83	3,190	6,700	315	115	6,350	3,400	85	132
Dosulepin	8.6	46	5,310	2,300	258	470	2,400	?	3.6	25
Doxepin	68	29.5	12,100	283	26	24	1,185	1,380	0.21	52
Imipramine	1.40	37	8,500	7,650	115	61	3,150	1,310	24	68
Iprindole	1,620	1,262	6,530	2,800	280	2,300	8,600	?	130	2,100
Lofepramine	70	5.4	18,000	4,600	200	100	2,700	2,000	360	67
Nortriptyline	18	4.37	1,140	302	43	58	2,265	1,885	8.2	94
Protriptyline	19.6	1.41	2,100	3,800	70	130	6,600	2,300	25	25
Trimipramine	149	2,450	3,780	8,000	32	24	680	180	0.27	58

Most, if not all, of the TCAs also potently inhibit sodium channels and L-type calcium channels, and therefore act as sodium channel blockers and calcium channel blockers, respectively. The former property is responsible for the high mortality rate upon overdose seen with the TCAs via cardiotoxicity.

Structure-activity relationships



 $\mathbf{X} = \mathbf{SO}_2 \mathbf{NR}_2 > \mathbf{CF}_3 > \mathbf{COCH}_3 > \mathbf{CI}$

Thioxanthene (cis > trans)

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Structure-activity relationships



Biotransformation of the Antipsychotic Phenothiazines



Metabolic pathways are significantly altered by a variety of factors (age, sex, interaction with other drugs, route of administration, etc.)

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Synthesis Path



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2.1 Tricyclic antidepressants

A measure of "<u>chlorpromazine equivalence</u>" is used to compare the relative effectiveness of antipsychotic.

The measure specifies the amount (mass) in milligrams of a given drug that must be administered in order to achieve desired effects equivalent to those of 100 milligrams of chlorpromazine.

Drugs with a potency comparable to chlorpromazine at the same dose range (*ca.* 100 milligrams) would be considered "*low potency*". Agents with a chlorpromazine equivalence ranging from 5 to 10 milligrams would be considered "*medium potency*", and agents with 2 milligrams would be considered "*high potency*".

2.2 Typical tricyclic antidepressants



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2.2 Typical tricyclic antidepressants



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2.3 Atypical tricyclic antidepressants

The atypical antipsychotics (AAP) (also known as second generation antipsychotics) are a group of antipsychotic drugs used to treat psychiatric conditions. Some atypical antipsychotics are FDA approved for use in the treatment of schizophrenia. Some carry FDA approved indications for acute mania, bipolar depression, psychotic agitation, bipolar maintenance, and other indications. Atypicals differ from typical antipsychotics in that they have less of a propensity for causing extrapyramidal symptoms (EPS). EPS include parkinsonian-type movements, rigidity and tremor.

2.3 Atypical tricyclic antidepressants

The atypical antipsychotics (AAP) (also known as second generation antipsychotics) are a group of antipsychotic drugs used to treat psychiatric conditions. Some atypical antipsychotics are FDA approved for use in the treatment of schizophrenia. Some carry FDA approved indications for acute mania, bipolar depression, psychotic agitation, bipolar maintenance, and other indications. *Atypicals differ from typical antipsychotics in that they have less of a propensity for causing extrapyramidal symptoms (EPS). EPS include parkinsonian-type movements, rigidity and tremor.*

During the course of treatment atypical antipsychotics are associated with the following benefits; higher rate of responders, efficiency in patients with refractory disease, lower risk of suicides, better functional capacity and an improved quality of life.



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2.6 MAO inhibitors:

- MAOIs still useful
- May be most potent in severe depression
- "Atypical" depression: Weight, Sleep
 - May be treatment of choice
- Refractory depression

- May work where tricyclics, SSRIs fail



Pyridine-4-carbohydrazide

N-isopropyl-pyridine-4-carbohydrazide

Iproniazid was the first antidepressant ever marketed. It was originally intended for the treatment of tuberculosis. In 1952, its antidepressant properties were discovered when researchers noted that the patients given iproniazid became "inappropriately happy". It was subsequently developed as an antidepressant and was approved for use in 1958. It was later withdrawn in 1961 due to the unacceptable incidence of hepatitis and was replaced by less hepatotoxic drugs like *isocarboxazid* (Marplan), *phenelzine* (Nardil), and *tranylcypromine* (Parnate).

Iproniazid was developed using the same hydrazine that was used to power German V-2 rockets.

2.6 MAO inhibitors: selectivity

MAO-A inhibition reduces the breakdown of primarily *serotonin*, *epinephrine, and norepinephrine* and thus has a higher risk of serotonin syndrome and/or a hypertensive crisis. Tyramine is broken down by MAO-A, therefore inhibiting its action may result in excessive build-up of it, so diet must be monitored for tyramine intake.

MAO-B inhibition reduces the breakdown mainly of *dopamine and phenethylamine* so there are no dietary restrictions associated with this. Two such drugs, selegiline and rasagiline have been approved by the FDA without dietary restrictions, except in high dosage treatment where they lose their selectivity.

2.6 MAO inhibitors: irreversible mechanism of action



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2.6 MAO inhibitors: irreversible inhibitors



Phenelzine 2-phenylethylhydrazine



N'-benzyl-5-methylisoxazole-3-carbohydrazide

Both drugs are an *irreversible* and *nonselective* monoamine oxidase inhibitors (MAOI) of the <u>hydrazine chemical class</u> used as an antidepressant and anxiolytic.

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2.6 MAO inhibitors: irreversible inhibitors



 (\pm) -trans-2-phenylcyclopropan-1-amine

Tranylcypromine is a drug of the substituted phenethylamine and amphetamine classes which acts as a monoamine oxidase inhibitor (MAOI)—it is a *non-selective* and irreversible inhibitor of the enzyme monoamine oxidase (MAO). It is used as an antidepressant and anxiolytic agent in the clinical treatment of mood and anxiety disorders, respectively.

2.6 MAO inhibitors: "cheese effect"



Foods high in endogenous monoamine precursors or exogenous monoamine compounds may cause adverse reactions. The most common example of this, is the <u>hypertensive crisis</u> caused by the ingestion of tyramine, which is found in foods like <u>aged cheeses, cured meats, tofu and certain red</u> <u>wines</u>. Some, such as yeast extracts like Bovril and Marmite, contain enough tyramine to be potentially fatal in a single serving. Spoiled food is also likely to contain dangerous levels of tyramine. Notably, however, it is unable to cross the blood-brain-barrier (BBB), resulting in only non-psychoactive peripheral sympathomimetic effects. When ingested unintentionally from certain foods in conjunction with a monoamine oxidase inhibitor (MAOI), tyramine is responsible for the so-called "*cheese effect*" often seen with their use.

2.6 MAO inhibitors: irreversible inhibitors (MAO-B)



(*R*)-*N*-methyl-*N*-(1-phenylpropan-2-yl)prop-2-yn-1-amine

Selegiline is a drug used for the treatment of early-stage Parkinson's disease, depression and senile dementia. In normal clinical doses it is a selective irreversible MAO-B inhibitor, however in larger doses it loses its specificity and also inhibits MAO-A.

2.6 MAO inhibitors: irreversible inhibitors (MAO-B)



Dopamine is an essential chemical that occurs in many parts of the body. It is the premature degradation of dopamine that results in the symptoms of Parkinson's disease. Monoamine oxidase (MAO) is an enzyme which accelerates the breakdown of dopamine. Selegiline can prolong the effects of dopamine in the brain by preventing its breakdown through seletively blocking MAO. It also may prevent the removal of dopamine between nerve endings and enhance release of dopamine from nerve cells.

2.6 MAO inhibitors: MAO-A vs. MAO-B selectivity



The combined volume of the fused cavities in human monoamine oxidase B (MAOB) is $\approx 700 \text{ Å}^3$ and that of the rat MAOA cavity is $\approx 450 \text{ Å}^3$.

Youdim et al. Nature Reviews Neuroscience 7, 295–309 (April 2006)

2. Anxiety and anxiolytic drugs

Dopamine – pathways in the brain

Dopamine is the neurotransmitter used by the reward pathway (also called the mesolimbic pathway, which is closely associated with the mesocortical pathway). But there are two other important pathways in the brain that utilize dopamine: the nigrostriatal pathway and the tuberoinfundibular pathway. Generally, drugs that affect dopamine levels in the brain affect all three of these dopamine pathways.

Nigrostriatal pathway Substantia Nigra to Striatum . Motor control . Death of neurons in this pathway can result in Parkinson's Disease

> Mesolimbic and Mesocortical pathways Ventral Tegmental Area to Nucleus Accumbens, Amygdala & Hippocampus, and Prefrontal Cortex . Memory . Motivation and emotional response . Reward and desire . Addiction . Can cause hallucinations and schizophrenia if not functioning properly

Tuberoinfundibular pathway Hypothalamus to Pituitary gland

- . Hormonal regulation
- . Maternal behavior (nurturing)
- . Pregnancy
- . Sensory processes

DOPA decarboxylase:

Besides the CNS, L-DOPA is also converted into dopamine from within the peripheral nervous system (PNS). The resulting hyperdopaminergia is the cause of many of the adverse side-effects seen with sole L-DOPA administration. In order to bypass these effects, it is standard clinical practice to co-administer a peripheral DOPA decarboxylase inhibitor (DDCI) such as *carbidopa*.





(2S)-3-(3,4-dihydroxyphenyl)-2-hydrazino-2-methylpropanoic acid

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Parkinson disease:

Parkinson's disease (PD) is a long-term, progressive neurodegenerative disease involving the nervous system. When cells that normally produce dopamine in the brain are damaged or die, control of movement is hindered/ signs of Parkinson's become apparent.



2.6 MAO inhibitors: reversible inhibitors (MAO-A)



4-chloro-*N*-(2-morpholin-4-ylethyl)benzamide

The early MAOIs inhibited monoamine oxidase irreversibly. When they react with monoamine oxidase, they permanently deactivate it, and the enzyme cannot function until it has been replaced by the body, which can take about two weeks. A few newer MAOIs, notably *moclobemide*, are reversible, meaning that they are able to detach from the enzyme to facilitate usual catabolism of the substrate. The level of inhibition in this way is governed by the concentrations of the substrate and the MAOI.

2.6 MAO inhibitors: reversible inhibitors

Moclobemide is a reversible inhibitor of monoamine oxidase A (RIMA), a type of monoamine oxidase inhibitor (MAOI), and acts on serotonin, norepinephrine (noradrenaline), and dopamine. Unlike standard MAOIs, possible side effects do not include cardiovascular complications (hypertension) with encephalopathy, liver toxicity or hyperthermia.

A single 300 mg dose of moclobemide inhibits 80% of monoamine oxidase A (MAO-A) and 30% of monoamine oxidase B (MAO-B), blocking the decomposition of norepinephrine, serotonin and, to a lesser extent, dopamine. No reuptake inhibition of any of the neurotransmitters occurs. The pharmacodynamic action encompasses activation, elevation of mood, and improvement of symptoms like dysphoria, fatigue, and difficulties in concentration. The duration and quality of sleep may be improved. In the treatment of depression the antidepressant effect often becomes evident in the first week of therapy (earlier than typically noted with TCAs/SSRIs).

Moclobemide should not generally be taken concurrently with other antidepressants, because of the likelihood of significant drug interactions. Some very specific regimens may combine moclobemide with a tricyclic or SSRI antidepressant. A washout period of two days is necessary when switching to a tricyclic antidepressant, and for SSRIs, a washout period of at least four to five half-lives is required.

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DIRECTOR	Stefa	no Moro		
CAMERA	Chimica e Tecnologia Farmaceutiche			
DATE	SCENE	TAKE		

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2. Anxiety and anxiolytic drugs



Hippocampus: The hippocampus is part of the limbic system and has a central role in processing long-term memory and recollection. Interplay between the hippocampus and the amygdala might account for the adage "once bitten, twice shy." It is this part of the brain that registers fear when you are confronted by a barking, aggressive dog, and the memory of such an experience may make you wary of dogs you come across later in life. The hippocampus is smaller in some depressed people, and research suggests that ongoing exposure to stress hormone impairs the growth of nerve cells in this part of the brain.
2. Anxiety and anxiolytic drugs HYPOTHALAMUS-PITUITARY-ADRENAL AXIS



Stress can be defined as an automatic physical response to any stimulus that requires you to adjust to change. Every real or perceived threat to your body triggers a cascade of stress hormones that produces physiological changes. We all know the sensations: your heart pounds, muscles tense, breathing quickens, and beads of sweat appear. This is known as the stress response.

The stress response starts with a signal from the part of your brain known as the *hypothalamus*. The hypothalamus joins the pituitary gland and the adrenal glands to form a trio known as the hypothalamic-pituitary-adrenal (HPA) axis, which governs a multitude of hormonal activities in the body and may play a role in depression as well.

When a physical or emotional threat looms, the hypothalamus secretes *corticotropin-releasing hormone (CRH)*, which has the job of rousing your body. Hormones are complex chemicals that carry messages to organs or groups of cells throughout the body and trigger certain responses. CRH follows a pathway to your pituitary gland, where it stimulates the secretion of *adrenocorticotropic hormone (ACTH)*, which pulses into your bloodstream. When ACTH reaches your adrenal glands, it prompts the release of *cortisol*.

The boost in cortisol readies your body to fight or flee. Your heart beats faster — up to five times as quickly as normal — and your blood pressure rises. Your breath quickens as your body takes in extra oxygen. Sharpened senses, such as sight and hearing, make you more alert.

2. Anxiety and anxiolytic drugs

HYPOTHALAMUS-PITUITARY-ADRENAL AXIS



Cortisol

(11)-11,17,21-trihydroxypregn-4-ene-3,20-dione

CRH also affects the cerebral cortex, part of the amygdala, and the brainstem. It is thought to play a major role in coordinating your thoughts and behaviors, emotional reactions, and involuntary responses. Working along a variety of neural pathways, it influences the concentration of neurotransmitters throughout the brain. Disturbances in hormonal systems, therefore, may well affect neurotransmitters, and vice versa.

Normally, a feedback loop allows the body to turn off "fight-orflight" defenses when the threat passes. In some cases, though, the floodgates never close properly, and cortisol levels rise too often or simply stay high. This can contribute to problems such as high blood pressure, immune suppression, asthma, and possibly depression.

Studies have shown that people who are depressed or have dysthymia typically have increased levels of CRH. Antidepressants and electroconvulsive therapy are both known to reduce these high CRH levels. As CRH levels return to normal, depressive symptoms recede. Research also suggests that trauma during childhood can negatively affect the functioning of CRH and the HPA axis throughout life.

2.5 Drug of Abuse



This first slide shows sections taken from the neocortex of monkeys that were given ecstasy twice a day for 4 days (control monkeys were given saline). The section on the left, taken from the brain of a control monkey, shows the presence of a lot of serotonin. The middle section shows a section from a monkey two weeks after receiving ecstasy. Point out that most of the serotonin is gone. The section on the right shows a section from a monkey 7 years after receiving ecstasy. Point out that although there has been some recovery of serotonin, the brain still has not returned to normal.

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2.5 Drug of Abuse

MDMA (3,4-MethyleneDioxyMethAmphetamine, commonly known as *ecstasy*):





MDMA was first synthesized in 1912 by Merck chemist Anton Köllisch. MDMA is a chiral compound and has been almost exclusively administered as a racemate. However, an early uncontrolled report suggests that the (S)-enantiomer is significantly more potent in humans than the (R)-enantiomer indicate that the disposition of MDMA is stereoselective, with the S-enantiomer having a shorter elimination half-life and greater excretion than the R-enantiomer.

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2.5 Drug of Abuse



Disclaimer: This is for theoretical argument only. IF someone chooses to follow this synthesis, note that the product has been prohibited by the Italian law, and offenders can be prosecuted. In no way do I condone this activity.

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Cocaine (benzoylmethylecgonine) is a crystalline tropane alkaloid that is obtained from the leaves of the coca plant. The name comes from "coca" in addition to the alkaloid suffix *-ine*, forming *cocaine*. It is a stimulant of the central nervous system and an appetite suppressant. Specifically, it is a serotonin-norepinephrine-dopamine reuptake inhibitor, which mediates functionality of such as an exogenous catecholamine transporter ligand. Because of the way it affects the mesolimbic reward pathway, cocaine is addictive. Cocaine is also a local anesthetic.

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2.5 Drug of Abuse





Data from *The Lancet* suggests Cocaine as the 2nd most dependent and 2nd most harmful of 20 drugs. Some pharmacologists however rate nicotine dependency higher than cocaine.



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2.5 Drug of Abuse



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"The good physician treats the disease, but the great physician treats the person."



William Osler

MS

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