

# **ADRENERGICI & ANTIADRENERGICI**

**Parte II** 

Confidential and Property of ©2012 Molecular Modeling Section Dept. Pharmaceutical and Pharmacological Sciences – University of Padova - Italy

## **12. Adrenergic Antagonists**

#### Adrenergic nervous system



Confidential and Property of ©2012 Molecular Modeling Section M Dept. Pharmaceutical and Pharmacological Sciences – University of Padova - Italy



(full agonist)

(partial agonist)

**Dichloroisoprenaline**, also known as dichlorosisoproterenol, was the first beta blocker ever to be developed. It is non-selective for the  $\beta$ 1-adrenergic and  $\beta$ 2-adrenergic receptors. DCI has low potency and acts as a partial agonist/antagonist at these receptors.

Confidential and Property of ©2012 Molecular Modeling Section M Dept. Pharmaceutical and Pharmacological Sciences – University of Padova - Italy



### Dichloroisoprenaline (partial agonist)

Pronethalol (antagonist)

**Pronethalol** was the first *non-selective* beta blocker clinical candidate discovered by Sir James Black and John Stephenson of ICI Pharmaceutical in 1960. It was never used clinically due to carcinogenicity in mice, which was thought to result from formation of a carcinogenic naphthalene epoxide metabolite.

Confidential and Property of ©2012 Molecular Modeling Section Dept. Pharmaceutical and Pharmacological Sciences – University of Padova - Italy



(RS)-1-(isopropylamino)-3-(1-naphthyloxy)propan-2-ol

**Propranolol** is a non-selective beta blocker, that is, it blocks the action of epinephrine and norepinephrine on both  $\beta$ 1- and  $\beta$ 2-adrenergic receptors. This results in a reduction in resting heart rate, cardiac output, systolic and diastolic blood pressure, and reflex orthostatic hypotension. Propranolol is a racemic compound; the *S*-(-)isomer is responsible for adrenergic blocking activity. Propranolol is a highly lipophilic drug (logP=3.0) achieving high concentrations in the brain.

**Synthesis Path** 





**Propranolol** is rapidly and completely absorbed, with peak plasma levels achieved approximately 1–3 hours after ingestion. Despite complete absorption, propranolol has a variable bioavailability due to extensive first-pass metabolism. The main metabolite 4-hydroxypropranolol, with a longer half-life (5–7.5 hours) than the parent compound (3–4 hours), is also pharmacologically active.

Confidential and Property of ©2012 Molecular Modeling Section Dept. Pharmaceutical and Pharmacological Sciences – University of Padova - Italy

#### **James W. Black :**



**Sir James Whyte Black,** (14 June 1924 – 22 March 2010) was a Scottish doctor and pharmacologist. He spent his career both as researcher and as an academic at several universities. Black established the physiology department at the University of Glasgow, where he became interested in the effects of adrenaline on the human heart. He went to work for ICI Pharmaceuticals in 1958 and, while there, developed propranolol, a beta blocker used for the treatment of heart disease. Black was also responsible for the development of cimetidine, a drug used in a similar manner to treat stomach ulcers. He was awarded the Nobel Prize for Medicine in 1988 for work leading to the development of propranolol and cimetidine.

### 13.1 Non selective $\beta 1$ and $\beta 2$



Confidential and Property of ©2012 Molecular Modeling Section Dept. Pharmaceutical and Pharmacological Sciences – University of Padova - Italy

**13.2** Selective  $\beta 1$ 



## **13.2** Selective $\beta 1$

## Cardio-selectivity and asthma

**Atenolol** is a so-called  $\beta$ 1-selective (or 'cardioselective') drug. That means that it exerts greater blocking activity on myocardial  $\beta$ 1-receptors than on  $\beta$  ones in the lung. The  $\beta$  receptors are responsible for keeping the bronchial system open. If these receptors are blocked, bronchospasm with serious lack of oxygen in the body can result. However, due to its cardioselective properties, the risk of bronchospastic reactions if using atenolol is reduced compared to nonselective drugs as propranolol. Nonetheless, this reaction may also be encountered with Atenolol, particularly with high doses. Extreme caution should be exerted if Atenolol is given to asthma patients, who are particularly at risk; the dose should be as low as possible. If an asthma attack occurs, the inhalation of a  $\beta$ 2-mimetic antiasthmatic, such as hexoprenaline or salbutamol, will usually suppress the symptoms.





logP = 3.0

logP = 0.5

Atenolol is a selective  $\beta$ 1 receptor antagonist, a drug belonging to the group of beta blockers. Introduced in 1976, Atenolol was developed as a replacement for Propranolol in the treatment of hypertension. Unlike Propranolol, Atenolol does not pass through the blood-brain barrier thus avoiding various central nervous system side effects.

Atenolol is one of the most widely used  $\beta$ -blockers and was once first-line treatment for hypertension.

Confidential and Property of ©2012 Molecular Modeling Section MS Dept. Pharmaceutical and Pharmacological Sciences – University of Padova - Italy

### **13.2** Selective β1: CNS side effects

L-Co		
	logP	lethargy
Propranolol	3.0	nightmares
Betaxolol	2.4	confusion
Pindolol	1.9	loss of memory
Esmolol	1.7	depression
Metoprolol	1.6	
Timolol	1.2	
Atenolol	0.5	

Confidential and Property of ©2012 Molecular Modeling Section Dept. Pharmaceutical and Pharmacological Sciences – University of Padova - Italy

## **13.2 Atenolol absorption and excretion**





**REMEMBER:** as already described for Pirenzepine, also for **Atenolol** only approximately 50% of an oral dose is absorbed from the gastrointestinal tract, the remainder being excreted unchanged in the feces.

Moreover, unlike Propranolol or Metoprolol, but like Nadolol, Atenolol undergoes little or no metabolism by the liver, and the absorbed portion is eliminated primarily by renal excretion.

**MS** Confidential and Property of ©2012 Molecular Modeling Section Dept. Pharmaceutical and Pharmacological Sciences – University of Padova - Italy





**13.2** Selective  $\beta 1$ 



## **Hypertension treatments:**



## **First line therapy:**

- a. ACE inhibitor (or angiotensin-converting-enzyme inhibitor);
- b. calcium antagonists;
- c. Diuretics;
- d. Beta-blockers

Confidential and Property of ©2012 Molecular Modeling Section MS Dept. Pharmaceutical and Pharmacological Sciences – University of Padova - Italy

13.3 Non selective  $\beta 1$  and  $\beta 2$  plus  $\alpha 1$  antagonism



In addition to blocking both  $\beta$ 1- and  $\beta$ 2-adrenergic receptors, **carvedilol** and **labetalol** also display  $\alpha$ 1-adrenergic antagonism, which confers the added benefit of reducing blood pressure through vasodilatation.

Confidential and Property of ©2012 Molecular Modeling Section MD Dept. Pharmaceutical and Pharmacological Sciences – University of Padova - Italy



**Prazosin** is *orally active* and has a minimal effect on cardiac function due to its *alpha-1 receptor selectivity*. The antihypertensive characteristics of prazosin make it a *second-line choice* for the treatment of high blood pressure.

Prazosin is also useful in treating urinary hesitancy associated with *prostatic hyperplasia* by blocking alpha-1 receptors, which control constriction of both the prostate and ureters. Although not a first line choice for either hypertension or prostatic hyperplasia, it is a choice for patients who present with both problems concomitantly.

Prazosin has shown to be effective in treating *severe nightmares* in children, associated with post-traumatic disorders (PTSD) symptoms.

MS Confidential and Property of ©2012 Molecular Modeling Section Dept. Pharmaceutical and Pharmacological Sciences – University of Padova - Italy

### **Discovery of Prazosin**

In the light of the role that the cyclic nucleotides, cAMP and cGMP, play in the regulation of vascular smooth muscle tone and the rate and force of cardiac contraction more specifically their goal was to discover novel, highly effective *inhibitors of phosphodiesterase*.

Several prototype structures were synthesized which incorporated structural features of the natural substrate and of *papaverine* and *theophylline* both inhibitors of phosphodiesterase.



This lead to the identification of a sub-series of efficacious analogues from which *prazosin* was selected for clinical development.

Confidential and Property of ©2012 Molecular Modeling Section Dept. Pharmaceutical and Pharmacological Sciences – University of Padova - Italy

### **12.1** Selective $\alpha 1$





### Do you remember....















Confidential and Property of ©2012 Molecular Modeling Section MS Dept. Pharmaceutical and Pharmacological Sciences – University of Padova - Italy



Confidential and Property of ©2012 Molecular Modeling Section Dept. Pharmaceutical and Pharmacological Sciences – University of Padova - Italy



Confidential and Property of ©2012 Molecular Modeling Section Dept. Pharmaceutical and Pharmacological Sciences – University of Padova - Italy



**Doxazosin**, a quinazoline compound sold by Pfizer under the brand names Cardura and Carduran, is an alpha-blocker ( $\alpha l$  selective) used to treat high blood pressure and benign prostatic hyperplasia. It is sold as a racemic mixture.

On 2005, the FDA approved a sustained release form of doxazosin, to be marketed as **Cardura XL** for the preferential treatment of benign prostatic hyperplasia.



Confidential and Property of ©2012 Molecular Modeling Section MD Dept. Pharmaceutical and Pharmacological Sciences – University of Padova - Italy

### **12.2** Selective $\alpha 2$



**Yohimbine** (or **Aphrodine**) is an alkaloid with stimulant and aphrodisiac effects found naturally in *Pausinystalia yohimbe* (Yohimbe).

**Yohimbine** <u>has high affinity for the  $\alpha$ 2-adrenergic receptor</u>, moderate affinity for the  $\alpha$ 1-adrenergic, 5-HT1A, 5-HT1B, 5-HT1D, 5-HT1F, 5-HT2B, and D2 receptors, and weak affinity for the 5-HT1E, 5-HT2A, 5-HT5A, 5-HT7, and D3 receptors. It behaves as an antagonist at  $\alpha$ 1-adrenergic,  $\alpha$ 2-adrenergic, 5-HT1B, 5-HT1D, 5-HT2A, 5-HT2B, and D2, and as a partial agonist at 5-HT1A.

Confidential and Property of ©2012 Molecular Modeling Section Dept. Pharmaceutical and Pharmacological Sciences – University of Padova - Italy

### 12.2 Selective $\alpha 2$





Yohimbine awakens the libido and gives an all-round boost to male sexual performance

Before the advent of Viagra, this pharmaceutical extract from the Yohimbe plant was a key treatment for male impotence.



Confidential and Property of ©2012 Molecular Modeling Section MD Dept. Pharmaceutical and Pharmacological Sciences – University of Padova - Italy

#### Yohimban alkaloids:



Reserpine almost irreversibly blocks the uptake (and storage) of norepinephrine (i.e. noradrenaline) and dopamine into synaptic vesicles by inhibiting the Vesicular Monoamine Transporters (VMAT).

Confidential and Property of ©2012 Molecular Modeling Section MS Dept. Pharmaceutical and Pharmacological Sciences – University of Padova - Italy

**Reserpine** inhibits the vesicular accumulation of catecholamines and of serotonin.



0 0 0		
TITLE "C	HIMICA FA TOSSICC	RMACEUTICA E DLOGICA II"
DIRECTOR	Stefa	no Moro
CAMERA	Chimica e Tecnologia Farmaceutiche	
DATE	SCENE	TAKE

MS Confidential and Property of ©2012 Molecular Modeling Section Pharmaceutical and Pharmacological Sciences – University of Padova - Italy



3-[4,5-dihydro-1*H*-imidazol-2-ylmethyl-(4-methylphenyl)-amino]phenol\_

**Phentolamine** is a reversible <u>*nonselective*</u> alpha-adrenergic antagonist. Its primary action is **vasodilatation** due to  $\alpha 1$  blockade. The primary application for phentolamine is for the control of hypertensive emergencies, most notably due to pheochromocytoma.

Confidential and Property of ©2012 Molecular Modeling Section MS Dept. Pharmaceutical and Pharmacological Sciences – University of Padova - Italy



#### Do you have a new good idea?

Confidential and Property of ©2012 Molecular Modeling Section MS Dept. Pharmaceutical and Pharmacological Sciences – University of Padova - Italy